

Teatre de l'Abast

Laura Valero





SYNOPSIS

When Rob got on that ship, he didn't know he would never reach his destination. But maybe fate had that place reserved for him: an island where all he will find is himself.

When life drifts, it is difficult to know where our safe harbor is. And while awaiting rescue, imagination becomes our only lifeboat.

Dear audience, thank you for coming to join Rob in his solitude. But don't yell at him, don't call him, he won't be able to hear you. Since even though his island seems to be on the outside, it really resides inside of him. So, relax, sit down and have a pleasant shipwreck.





THE COMPANIES

Teatre de l'Abast

Teatre de l'Abast is a Valencian company, directed by Victoria Mínguez and Lucía Aibar, which is committed to physical and multidisciplinary theatre.

The company launched in 2016 after three years of research on physical theatre, movement, interpretation and voice, receiving continuous training with professionals of the sector such as Jesús Muñoz, Ramón Moreno, Idoya Rossi, Luis Meliá or Estrella Estévez.

Teatre de l'Abast achieves a spectacular staging with very visual works where the bodies of the actors have great expressiveness and deals with different disciplines such as dance, puppets, Chinese shadows, Commedia dell'Arte, acrobatics, music...

> They currently have two shows on tour. One of them, aimed at adult audiences is "Much Ado About Nothing" by William Shakespeare, directed by Fabio Mangolini, with six actors who bring the Shakespearian classic to the present. A show where comedy and drama coexist through stage games, dances, masks and ingenuity. An elegant and transgressive staging.

The other show, aimed at the little ones, is "¡Luna, dos y tres!", a family show under the direction of Laura Valero and written by Isabel Martí full of magic, with simple but powerful scenic elements that deals with a lot of values such as friendship, respect and ecology.

Teatre de l'Abast also has a pedagogical side: they teach courses, workshops and monographs of Physical Theatre, Textual Theatre and Commedia dell'Arte.

Zero en Conducta

Zero en Conducta, Teatre del Moviment is a project created in 2011 by José Antonio Puchades (Putxa) to explore the expressive potential of different performing arts related to movement. Thus, their research is focused on the union of body mime, dance, puppets and physical theatre in general.

Zero en Conducta began with "Nymio: Teatro digital"a show that, since its premiere, has been represented more than 300 times in 16 European countries, America and Asia and has won three awards for best performance. Short thereafter Julieta Gascón got on board as co-director, codramatist and interpreter and they prepared "Allegro ma non troppo"; with this show they consolidated their artistic direction, making clear their particular language and expan- ding their body possibilities. They later premiered "La der- nière danse de Brigitte", where David Maqueda joined Zero en Conducta as assistant director, co-dramatist and lighting and sound technician.

They continue their productions with the creation of "TRASHHHH!!!", a theatrical medium-footage, which despite not having been officially premiered has already toured several stages of the world, winning even the prize for best show at the Haifa puppet festival (Israel). Their latest production is "He man hé", where the company grows with three more dancers and puppeteers on the stage, to give soul to a puppet with the union of its five spirits.

Zero en Conducta is also dedicated to teaching, focusing on the manipulation of objects and body, artistic advice, and audiovisual production. All this, always focused on the language of the movement, and its different disciplines, to enrich the particular research that the company implements





PHOTOGRAPHS





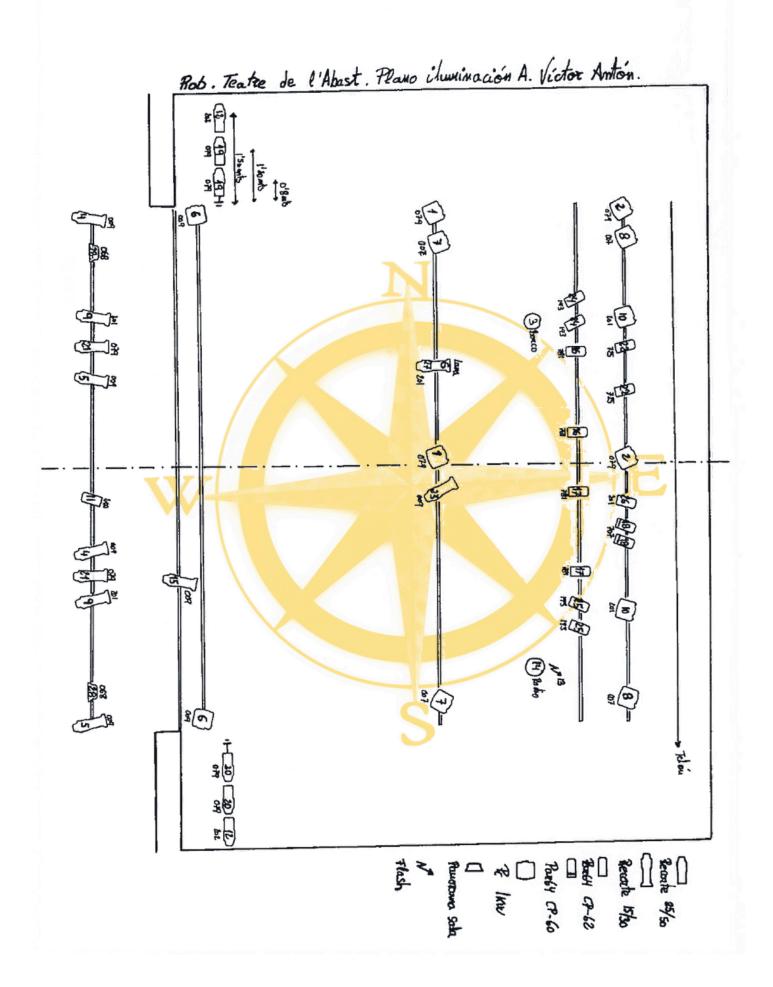








LIGHTING



CAST & CREATIVE

Authors: Lucía Aibar, Victoria Mínguez, José Puchades (Putxa) & Ramón Rodenas Direction: Zero en Conducta Choreographies: Julieta Gascón & José Puchades (Putxa) Actor: Ramón Rodenas **Original music:** Bob Gonzales Scenography and construction of puppets: Vicente Andreu **Costumes:** Pascual Peris Lighting design: Víctor Anton Wig stylist: Mercedes Luján Claqué choreography: Frank Alonso Voices: Neus Alborch, Nelo Gómez, Laura Pellicer, Alfred Picó, Isabel Martí & Miquel Vinyoles Graphic design: Laura Valero Photographs: Vicente A. Jiménez Vídeo: Nelo Gómez **Production**: Teatre de l'Abast











teatredelabast.es



@teatre_abast_oficial



teatredelabast@gmail.com distribucio.abast@gmail.com



/TeatreDelAbast



+34 747 40 82 19 // +34 747 40 53 70



/TeatreDelAbast